FEES AND PAYMENT AGREEMENT FOR PSYCHOTHERAPY SERVICES

**Fees**

Fees for services vary according to the type of service being provided by Dr. Firestein and Inner Source Psychotherapy. Sessions for individual, couple and family therapy are conducted in 45 minute sessions. Longer sessions may be scheduled and will be charged on a prorated basis. Longer sessions are sometimes useful for couple therapy, family therapy, and EMDR (therapy for reducing and recovering from the impact of trauma) and need to be scheduled in advance. The fee for a standard 45 minute session is $150.00.

**Payment Policies**

Payment is expected at the end of each session. Acceptable forms of payment include cash, personal check, Visa or MasterCard, and money orders. Exceptions to the standard payment policy are limited and require the permission of Dr. Firestein and advance arrangements for an alternative payment plan. Dr. Firestein does not bill your insurance company. This is the responsibility of the client. Her billing office does provide you with a statement that contains information necessary for your insurance company to consider your claim (if you have insurance that covers mental health services). In many cases, counseling fees are reimbursable by your health insurance company, Health Savings Account, Flexible Spending Account, or cafeteria plan. Dr. Firestein cannot guarantee, however, that any particular insurance plan will pay for the services she provides. Determining eligibility and benefits is your responsibility. Any account not paid within 90 days may be turned over to a collection agency. You would be liable for any collection or court fees accumulated.

**Medicare Covered Benefits**

Dr. Firestein is a licensed psychologist and currently a participating provider for Medicare. Medicare will usually cover medically necessary outpatient psychotherapy services, but Dr. Firestein is unable to guarantee that Medicare will approve and pay your claim. Dr. Firestein bills Medicare directly on your behalf. This is the only insurance for which she provides direct billing. Medicare Advantage programs, such as Secure Horizon, may or may not cover the costs associated with services provided by Dr. Firestein. You are responsible for determining coverage. You are also responsible to pay any deductible and for the remainder of any fees not covered by Medicare. If you have a Medicare supplemental policy, your charges for therapy may be covered at 100%.